

ISSUED BY THE BOARD OF TRADE

CLOTHES RATIONING

More ABOUT THE NEW clothing book

Now that you have your new Clothing Ration Book, here are some points which you will find helpful to you.

YOUR 60 COUPONS MUST LAST YOU 14 MONTHS

War conditions have made necessary a cut in the ration, and you have only 60 coupons to last you until 31st July, 1943.

ONLY THE GREEN COUPONS, 1 TO 20, MAY BE USED BEFORE OCTOBER 12th

One of the chief purposes of clothes rationing is to spread out available supplies evenly over the period. Therefore, only the first twenty coupons (the green ones) may be used during the first 19 weeks from June 1st to October 12th. They may, of course, be used after October 12th if you prefer.

SUPPLEMENTARY COUPONS

Expectant Mothers will when you use them. There will be special supplements for certain types of children in their middle years. Details will be announced.

Children: All children born on or after August 1st, 1926, receive a supplement of 10 coupons with their clothing ration book. These may not be used until October 12th. Do not lose them; they cannot be replaced. Keep them with your child's main clothing book which must be produced when you use them.

No applications for replacements of lost Clothing Books can be considered until further notice.

If you have any other questions please don't ask the Food Office or Post Office. Citizens' Advice Bureau or W.V.S. Office will help you. The new Clothing Book (red) will be ready shortly.

Nazi Diary of

German settlers in the Ukraine, but not the kind of settlement Hitler promised.

We shot her. These Russian women aren't quite what we expected. They are a lot of trouble. I have thirteen killed and one of our officers has been killed in Novo-Selye. There is another woman called Auntie Gladia who is in command, or a guerrilla band. They come and go like wolves.

October 11th. Hot fighting: cold wind. We slugged too close with the Russians and in the end they have ground. We're smashing through. I wish I had a fur coat.

October 15th. Miles and miles more of advance. And a small group of guerrillas always after us. We're losing a lot of men.

October 16th. Today I had orders to rub out a kid of fourteen or so, who was found with a big penknife in his pocket.

He kept down snapping like a little wolf, and even when he was dying he tried to bite me. We shot him. He was a queer little fellow. We found a note in his pocket, a note of execution later on, I found it.

October 17th. We followed the trail of a wounded boy. He had crawled half a mile, God knows where he had been. Every bush seems to hide somebody. We had to be very careful.

October 18th. It is not much fun in groups of ten. It is very tiring. I hear it gets even colder when the snow comes.

October 19th. We were told to prepare for a big Russian push. We pushed harder. Five miles we went. They were left behind in the snow.

October 20th. Russian aeroplanes are coming over. This campaign is not going well. We are losing men.

October 21st. I don't think Captain Grollmann was right when he said we could

They Fight A Madness Born Of Fear

Christmas in Moscow. Where are those heavy coats? In weather like this we need fur.

December 19th. In weather like this we need fur. But I can't say that. I am a soldier. I must fight.

December 20th. In weather like this we need fur. But I can't say that. I am a soldier. I must fight.

December 21st. In weather like this we need fur. But I can't say that. I am a soldier. I must fight.

December 22nd. In weather like this we need fur. But I can't say that. I am a soldier. I must fight.

December 23rd. In weather like this we need fur. But I can't say that. I am a soldier. I must fight.

December 24th. In weather like this we need fur. But I can't say that. I am a soldier. I must fight.

December 25th. In weather like this we need fur. But I can't say that. I am a soldier. I must fight.

December 26th. In weather like this we need fur. But I can't say that. I am a soldier. I must fight.

December 27th. In weather like this we need fur. But I can't say that. I am a soldier. I must fight.

December 28th. In weather like this we need fur. But I can't say that. I am a soldier. I must fight.

December 29th. In weather like this we need fur. But I can't say that. I am a soldier. I must fight.

December 30th. In weather like this we need fur. But I can't say that. I am a soldier. I must fight.

December 31st. In weather like this we need fur. But I can't say that. I am a soldier. I must fight.

By Piers England

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LABOUR REVOLT

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Exit RHEUMATISM —thanks to Shakespear

"HOW now foolish rheum...!" Shakespeare wrote that, believe it or not. But not long ago I didn't need the Bard of Avon to tell me I'd got rheumatism. The pain told me enough. But he did suggest the cure, in Macbeth: "Wash the blood clean from your face." And there hangs a tale. I'd been reading the Kruschen Advertisers. You've seen them no doubt. They're a testimonial in a tumbler of hot water for a month. Kruschen's delectable acting—apert and discreet—cleaning the kidneys and driving out the poisons which cause rheumatism." I was Kruschen.

JOHN KRUSCHEN

Kruschen Helps the doctor

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"WE'RE ALL THE SAME"

THE same things happen to all of us, as we live through every day. The same things break our hearts, and the same things make us cry. The same things light up our despair, and start our dreams anew; just the same things happen to other folk as are happening to you. The same things happen to all of us, as we try to do our best; the same anxieties and fears in life's hard grueling test. The same dilemmas track us down and halt our happy gait; and the same long weary hours are spent as we face despair and wait.

THE same things happen to all of us, unhappiness and pain, sorrows and misunderstandings, sacrifices which we must make. Uphill work and downhill health, obsessions and clear thought; the same old ingredients of Life, with Experience dearly bought.

THE same things happen to all of us, we're born, we live, we die. We cast our soul's impression on Life as we pass by. For the same things break across our lives with their black wings topped with light, and the same small prayers are whispered in the small lone hours of night. And the same storms sweep across Life's calm, to wave havoc and then cease; and the same small lights our soul upon its homeward Way to Peace.

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ADVERTISER'S ANNOUNCEMENT

Marshall's

WEEKLY SHOPPING LIST

Hints that help the Housewife feed the family.

MARSHALL'S SAVOURY VEGETABLE RICE PORRIDGE Sufficient for 4 persons. 1/10

MARSHALL'S SALAD DRESSING 1 pint. 1/10

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CORN lifts OUT
—thanks
FREEZE

WHY risk cold poisoning by using a razor on your corns, or the pain, and with the temporary relief of applications of 'Freeze' stop the pain, and within a few days the corn shrinks and gets so loose you can actually lift it off with your nail. Thousands of sufferers testify to the wonderful results of 'Freeze' Corn Remover. Only 15, including Purchase Tax, and every bottle sold with a money-back guarantee.

What do I do...
to make my old rags fight?

I turn out all the old rags I can find—worn-out clothes, cleaning cloths, dusters, carpets, sackings and oddments, as well as rope and string. I keep them dry, in a bag, ready for the Salvage Collector or the Rag-and-Bone man.

I remember that woollen rags will make clothing and blankets; cotton rags, maps and charts, paper, insulating cables, etc.; sackings, rope and string will make roofing felt, fibreboard and paper.

I dig out my old rags now — for victory!

Issued by the Ministry of Information
Space presented to the Nation by the Brewers' Society



Quick Action FOOD-TONIC
for you who want new HEALTH fresh ENERGY

Mineral Salts & Vitamin B the SECRET

This natural food tonic gives you a balanced daily ration of essential Mineral Salts and Vitamin B to ensure perfect health and strength.

You need Calcium such as you get from Milk, Phosphorus such as you get from Cheese, Iron which you get from Eggs, and Vitamin B, which you get from the various cereals, which are the basis of all our food. This tonic gives you all these in the most perfect form and gives you extra strength and energy.

Start taking Vitamin today. As the extra strength of vital Mineral Salts and Vitamin B start taking Vitamin today. As the extra strength of vital Mineral Salts and Vitamin B start taking Vitamin today.

FREE

Send this coupon today to the nearest branch of the British Medical Association, 1, St. James's Place, London, W.1. I enclose 10/- for the tonic.

Healthy dogs make good companions

BOB MARTINS
CONDITION POWERS
keep dogs fit

"Man o' The People" Writes On "Things That Matter To You and Me"

LIKE a damped-down bonfire red-hot within, the war is now flaming into a new and fiercer phase. The core is in the Kharkov region, where Russians and Germans are locked in one of the greatest battles of the time. But the flames are spreading, and the spread is fast. Already the Western Desert is ablaze and its main supply line cut, and the Eastern Desert is being invaded. In Burma and on the Indian frontier our troops await immense assault. While Australia is gathering strength to withstand the Yellow Peril at her gates.

There is neither land nor sea beyond the range of the world conflagration. There is no people so small or so remote as to escape its consequences or remain indifferent to its oncoming. In this awe-inspiring panorama of fire and fury, these small islands are dwarfed by comparison with mighty enemies and friends, but they remain the focal point of conflict, the foremost stronghold of Freedom's cause.

EXPECT no Duff-Cooperism from this writer. Even on Empire Day, 'Man o' the People' would not have been in a mood to be soothed or soothed, as he did, that we are the greatest people on earth.

Not content with this claim to superiority, Mr. Duff-Cooper came to the microphone—on the radio—last Sunday evening and said: "I am not at all sure that we are not the greatest people that God has ever sent into the world."

Now the war began here. I personally listened to any broadcast by a British Minister of War, and I calculated to maintain our Continental reputation for amusements.

THIS Minister of the Crown, who was sent out to Singapore on the eve of the greatest military disaster in our history and has taken public account of his stewardship since, has been the last to tell the listening world that the Orient was simply explicable by the fact that the British Empire was the greatest in the world.

In a newspaper interview, he excused his own late arrival at the B.B.C. by the fact that his duties were heavy. So they are, and that is why most of the world's people are engaged in the struggle to free themselves from the burden of his late arrival.

"MAN OF THE PEOPLE" would not draw your attention to the fact that the world's people are engaged in the struggle to free themselves from the burden of his late arrival.

TODAY'S PROVERB
The powers of evil have their sleep. But the devil will never fall. While Cossacks stand on guard.

WISDOM WEEK BY WEEK
The song of victory will come from a storm of still upper lips.

LITTLE ALFIE ON "THIS AUSTERITY"
M and Mrs. Higgs have been thinking about this thing called 'austerity' for some time. Father says it means cutting down on everything you don't need. Mother says it means cutting down on everything you don't need.

Ten-Second Teasers

1.—Large earthenware pan; 2.—Wool; 3.—Milk; 4.—Sugar; 5.—Butter; 6.—Eggs; 7.—Flour; 8.—Rice; 9.—Beans; 10.—Apples.

"The Western Desert is Abaze Again." A British tank goes into action.

THOUGHT FOR TODAY
TIME IS NOT ON OUR SIDE UNLESS WE MAKE A CONTINUOUS EFFORT

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SECRET SERVICE NEWS

FIRST flashes since the war have been heard of a shooting attack on the British Embassy in Berlin. The attack was made by a group of men who were disguised as British soldiers. The attack was repulsed, but the British Ambassador was wounded.

HAVERS is based upon the poverty of mind of the man who is the chief of staff, stresses the need for a more practical policy of building up mass-consumption to meet mass-production. In other words, he believes that the abundance of natural resources is a great advantage, but it is not enough. It must be organized and distributed as to the needs and the happiness of all its teeming population.

D. R. EVATT, the Australian Government's representative to our Cabinet, has done as much as any able and courageous statesman could hope to do to promote a better understanding between his people and ours.

The other evening I heard him say frankly that he had not the slightest doubt that the British Empire is the greatest of all empires. He only wanted us to understand and sympathize with his people's position.

FOR my own part, I also share the wish expressed by Mr. Churchill to declare himself definitely with the United States and the United Kingdom. I am sure that the United States and the United Kingdom will do so.

Mr. Churchill's declaration is a great step forward. It is a declaration of war against the forces of darkness and evil. It is a declaration of war against the forces of darkness and evil.

ALMOST all of us, I imagine, are convinced that the "war" or "later" shall destroy "Hitlerism." But the "war" or "later" shall destroy "Hitlerism." But the "war" or "later" shall destroy "Hitlerism."

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IT SEEMS TO ME—
We Should Be Preparing For The Dangers Of Peace!

WE ARE AT WAR AGAINST EVIL THINGS. SOMEDAY PEACE WILL COME UPON US SUDDENLY, TAKING US UN-AWARE.

What, then, are the dangers to us? Is each of us to be a victim of the peace? Is each of us to be a victim of the peace?

Philosopher

Take personal impachment of Hitler, Mr. Churchill, the Japanese War Lords?

WOULD they remain good-looking, healthy, and successful in the future? Would they remain good-looking, healthy, and successful in the future?

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